

*So there I stood, looking up at the colossal abseiling tower, thinking 'OMG! That will be me soon.' With my heart thumping at 90mph and with legs like jelly, I slowly and carefully stepped into my harness.*

*"Next please," shouted the lady. My mouth gaped open and my eyes filled with fear; everyone turned around to look at me.*

*As I slowly started to climb that terrifying ladder, my harness started to rub and I became very excited - all my fear had disappeared and the butterflies had flown out of my stomach.*

*Stepping back in my too tight harness, my feet slipped and I clutched onto the rope with all my life. Once I touched the ground I really wanted to do it again.*

*Overall it was amazing and I recommend it to everyone.*

*By Emily*